

# 2022 Walk Across Texas

## Hardeman County



WALK  
ACROSS TEXAS!

### ADULTS

#### To Register:

1. Once verified, login with login credentials
2. Choose to create an ADULT profile – WAT! Adult Dashboard
  - Youth cannot be on adult teams.
  - Youth can create their own teams using the YOUTH instructions.
3. Do not create a league! You want to **JOIN a league!**
4. You will create a team or join a team. (If you are joining a team, you'll need the team code set up by your captain.)
  - League Name: **Hardeman Co WAT 2022**
  - League Code: **watL-220714-62658**
5. Record Your Team's Code
  - Your teammates will need this code to join your team. Or you can add teammates via email.
6. Choose Your Team's Name
7. Invite Team Members
  - Share Your Team's Code with Teammates
  - Send an e-mail invitation by adding their email to your team's profile.

## Step 3: Add Team Members

### ADULTS

1. Once logged in, go to "Team Profile."
2. Click on Team Name.
3. Add members by email or provide "Team Code" to teammates.
4. Click on "View Joined Members" to see the current teammates and their miles.

## Step 4: Record Mileage

ADULTS \*each team member must submit their own mileage\*

1. Login to Howdy Health portal.
2. On your WAT! ADULT: DASHBOARD select “Enter Mileage Walked”
  - o Mileage cannot be entered until the program begins: August 1<sup>st</sup>
3. Follow instructions on screen.
4. Track team progress by going to “View Team” from the Dashboard.

## HELPFUL LINKS

[WAT One Pager](#) – helpful in registration, login, and recording mileage.

[Activity-Equivalents](#) – helpful in converting activity to miles.

[WAT IndWAT-Individual-Mileage-Log](#)

[Mileage Log](#) – helpful in logging mileage with pen and paper.

[Howdy Health Programs - WAT! Adult Program](#) – Instructional videos on how to

CREATE A TEAM and JOIN A TEAM.

**For More Information on Hardeman County Walk Across Texas:**

<https://hardeman.agrilife.org/fch/walk-across-texas/>



940.663.6301 | [klehman@ag.tamu.edu](mailto:klehman@ag.tamu.edu) |

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