



HARDEMAN COUNTY 4-H



UPCOMING 4-H EVENTS, CONTESTS AND PROJECT INFORMATION

January 2023

Texas 4-H Projects fall under one of the five following areas:

- Agriculture & Livestock
- Family & Community Health
- Natural Resources
- Leadership & Citizenship
- Science, Technology, Engineering, & Math



WHAT IS A 4-H PROJECT?

A 4-H Project has 4 Components:

- About 6 Learning Experiences six or more sequential learning experiences of 20-60 minutes in length
- Community Service
- Leadership
- Exhibition of Project Work

LEARNING EXPERIENCES

- Educational tours
- Workshops / Clinics
- Contests
- Demonstrations / Speeches
- Interviewing the experts
- Educational presentations
- Self-study
- Exhibits / Expos
- Videos / TV Shows

LEADERSHIP

- Teaching/Guiding others
- Conducting a workshop
- Organize a group activity
- Lead an activity
- Share information with others
- Demonstration/speech
- Assist an adult Plan a tour Junior/Teen Leader

EXHIBITION

- Contest
- Livestock show
- Educational presentation
- Speech
- Fair Exhibit
- Project meeting

TIMELINE: There is no set timeline for a project, just the 4-H project year. The only thing projects can revolve around at times are times and dates of contests.

PROJECT SUPPORT: The project support lies in Project Leaders. There are Adult, Teen, and Junior Project Leaders. Volunteers are the KEY to success. When we have Project Leaders, they can find resources to support the 4- Hers and their projects through ...

- Curriculum
- Books & Magazines
- Experts & Professionals
- Hobbyists
- Associations/Organizations
- Internet

COMMUNITY SERVICE can be any type of community service activity associated with your project.

Texas 4-H Clover Guide

For more information about the opportunities within Texas 4-H take a look at the Clover Guide.



TEXAS 4-H PROJECT LIST



AGRICULTURE & LIVESTOCK

- Beef Cattle
- Dairy Cattle
- Dog Care & Training
- Goats (Dairy & Mohair)
- Goats (Meat)
- Horse
- Horticulture
- Junior Master Gardener
- Livestock Judging
- Meat Science
- Poultry (Chickens & Turkeys)
- Rabbits
- Sheep
- Soil & Crop Science
- Swine
- Veterinary Science



FAMILY & COMMUNITY HEALTH

- Consumer Education
- Fashion & Interior Design
- Foods & Nutrition
- Health & Personal Safety



NATURAL RESOURCES

- Aquatic Science
- Entomology
- Forestry
- Outdoor Education & Living Skills
- Range Science
- Shooting Sports
- Sportfishing
- Water Conservation & Education
- Wildlife & Fisheries



LEADERSHIP & CITIZENSHIP

- Citizenship
- Community Service
- Global Education & Awareness
- Leadership
- Public Speaking
- Theater & Performance Arts
- Workforce Preparation
- Youth Entrepreneurship



SCIENCE, TECHNOLOGY, ENGINEERING, & MATH

- Energy
- Photography/Videography
- Robotics
- Rocketry
- Science, Technology, Engineering, & Math (STEM)

SELF DIRECTED PROJECTS:

Individualized areas of interest where members can explore appropriate subject matter when no Texas approved 4-H curriculum or named project exists.



PRAIRIE VIEW A&M UNIVERSITY
COLLEGE OF AGRICULTURE AND HUMAN SCIENCES
The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

Self-Directed Project Guide to Success

Texas 4-H Youth Development



Want to learn more about a specific subject or interest you may have, but cannot find a project to go with it? Self-directed projects might be for you! With the guidance of your 4-H leader and county Extension agent, you can turn your interest into a self-directed 4-H project.

A 4-H Self-directed Project is an opportunity for members to explore a new topic which may not fit into the current project offerings. A 4-H Self-directed project may not be supported with resources from Texas 4-H Youth Development.

Step 1: Project Guidelines

Project Guidelines

1. Make an inventory of your interests or something you would like to learn more about. Identify a topic for your project.
2. Discuss your ideas with family, friends, and your county Extension agent. Decide what it is you want to do and learn.
3. Set a goal. Decide what the end goal of your project will be and necessary steps to achieve your goal.
4. Gather information about your topic using credible resources. The web address can help you identify the kind of organization responsible for the website:
 - An educational institution is indicated by .edu
 - Those with .gov are funded by a government agency
 - Professional organizations, such as scientific or research societies, are identified by .org
5. List all the things you want to learn about your topic.
6. Complete at least six experiential learning experiences. Experiential learning includes activities, research, programs, or other experiences where learning takes place. The National 4-H Experiential Learning Fact Sheet indicates this type of learning occurs when:
 - Youth **experience** the activity—perform or do it.
 - Youth **share** the experience by describing what happened.
 - Youth **process** the experience to figure out what was most important and identify common themes.
 - Youth **generalize** from the experience and **relate** it to their daily lives.
 - Youth **apply** what they learned to a new situation.
7. Plan and complete at least two leadership/citizenship activities.
8. Share and report your project accomplishments to your club, community, and county agents.

Step 2: Learning Experiences

Learning Experiences

Choose at least six learning experiences from the example list below (or create your own).

- Participate in a clinic, or workshop related to your topic
- Attend a demonstration, or speech on a topic related to your project
- Research your topic online using credible resources
- Interview an expert in the field
- Tour a facility, agency, or business related to your topic
- Participate in online learning sessions

Step 3: Leadership/ Citizenship

Leadership/Citizenship Activities

Choose at least two leadership/citizenship activities from the list below (or create your own).

- Help in setting up and/or cleaning up for a show or event
- Help someone with his or her project
- Provide leadership at a workshop or program related to your project
- Encourage a friend to join 4-H and choose a project
- Teach someone something that you learned about 4-H or about your topic
- Invite someone to talk to your club about your topic
- Give advice to a member who is preparing a project for the fair
- Prepare an exhibit or display promoting your topic or 4-H
- Prepare a public service announcement for school, radio, television, or social media on a topic related to your project
- Help organize a club activity on this project
- Prepare your own demonstration, illustrated talk or exhibit

Step 4: Record Your Success

Record your Experiences and Success

Record keeping is a valuable life skill. Record keeping is a way to develop the skills necessary to set goals, work toward achieving those goals, reflect on experiences, and set new and higher goals. Record keeping can be done through a variety of ways, either formally in a 4-H Record Book or informally through personal journaling.

- Record keeping – keeping a history of one's activities such as financial dealings or life events by entering data in ledgers, journals, calendars or putting items into a file system; an essential life skill
- 4-H Record Book – the competitive event where 4-H members assemble their records into a specified document and submit those for evaluation against other 4-H members. However, one may choose to complete a record book just for the skill learned and not choose to submit for competition

Adapted From

Ohio State University | https://ohio4h.org/sites/ohio4h/files/imce/books_resources/Curriculum/365-Self-Determined-Project-Guide.pdf

Iowa State University | <https://www.extension.iastate.edu/4h/projects/selfdetermined>

Penn State | <https://extension.psu.edu/programs/4-h/leaders/resources/publications/m9800a>

University of Florida IFAS Extension | <https://edis.ifas.ufl.edu/4h243>

Texas A&M AgriLife Extension Service

AgriLifeExtension.tamu.edu

More Extension publications can be found at AgriLifeBookstore.org

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife.

"SEW MUCH FUN"

Friday, Feb 10th 6 - 10 PM

@ Quannah Community Center

\$10 & Form Due Monday, January 30th



Must be a currently enrolled 4-H member to attend.

Registration Includes: Supper, Snacks & Supplies

Know Your Sewing Machine & Equipment

Sewing a Line

Ironing & Pressing

Make and Take Item

Community Service

Fabric Science

Fabric 101: Types, Structure & Use

Hands-on Contest Overview

Mock Duds to Dazzle

Newspaper Fashion Show

Avatar Storyboard

"SEW MUCH FUN"

Friday, Feb 10th 6 - 10 PM

@ Quannah Community Center

Must be a currently enrolled 4-H member to attend.



Registration Form

\$10 & Form Due Monday, January 30th.



Name: _____

Grade: _____ Age: _____

Emergency Contact Name & Phone: _____

Sewing Skill Level: _____ 1 - Never Used a Sewing Machine Before
_____ 2 - I've Sewn Before Using a Sewing Machine
_____ 3 - I've Made Clothes Using a Sewing Machine
_____ 4 - I Can Help Teach the Sewing Basics Session

Pizza Preference: _____ Pepperoni
_____ Hamburger
_____ Cheese
_____ I Don't Like Pizza & Will Bring My Own Dinner

Please submit any requests for accommodation to our office at 940.663.6301 by Jan 30, 2023.



Fashion Show

County Fashion Show
Saturday, March 4th

1:00 PM at the Quanah Community Center
Interviews



You can Sew or Shop

*Junior & Intermediates may enter one category in either Construction or Buying Division. Indicate Cotton Award on Commentary Form

*Seniors may enter one category in either Construction or Buying Division and or one category in Natural Fiber Division

Junior – Grades 3 thru 5

Construction Division

- Everyday Living
- Refashion
- Dressy to Semi-Formal
- Special Interest

Buying Division

- Everyday Living
- Fantastic Fashions under \$25
- Dressy to Semi-Formal
- Special Interest

*Indicate on Form if entering cotton award

Intermediate – Grades 6 thru 8

Construction Division

- Everyday Living
- Refashion
- Dressy to Semi-Formal
- Special Interest

Buying Division

- Everyday Living
- Fantastic Fashions under \$25
- Dressy to Semi-Formal
- Special Interest

*Indicate on Form if entering cotton award

Senior – Grades 9 thru 12

Construction Division

- Everyday Living
- Refashion
- Semi-Formal to Formal
- Theatre/Costume

Buying Division

- Business / Interview Attire
- Fantastic Fashions under \$25
- Semi-Formal to Formal
- Special Interest

Natural Fiber Division

- Cotton
- Wool / Mohair

Complete the Fashion Show Google Doc AND Email ALL FORMS to Kayla Smith at kayla.smith@ag.tamu.edu by Monday, February 27, 2023

 [Click on links below for specific forms.](#)

Junior & Intermediate (Use District Forms)

Buying

- [Commentary](#)
- [Buying Worksheet](#)
- [Buying Scoresheet](#)

Construction

- [Commentary](#)
- [Construction Scoresheet](#)

Natural Fiber

(If Entering Cotton Award. Indicate on Commentary)

- [Natural Fibers Scoresheet](#)

Senior (Use ALL State Forms)

Buying

- [fashion_show_buying_entry_form_2023.pdf \(tamu.edu\)](#)
- [SR Buying Scoresheet 2023](#)

Construction

- [fashion_show_construction_entry_form_2023.pdf \(tamu.edu\)](#)
- [Senior Construction Scoresheet_2023](#)

Natural Fiber

- [Texas 4-H Fashion Show Natural Fiber Entry Form \(tamu.edu\)](#)
- [SR Natural Fibers Scoresheet](#)

District 3 4-H

Saturday, April 1, 2023 @ 12:30 PM

Location: Archer City High School

Those advancing from county will be registered online by the Extension office.

Possible Questions - [Click Here for District Fashion Show Letter](#)

Parents that would like to volunteer to help at District Fashion Show, [please note on Google Doc.](#)

Duds to Dazzle

The Texas 4-H Duds to Dazzle Clothing & Textiles Competition utilizes the knowledge and skills learned in the project, while increasing awareness of the impact of the clothing & textiles industry on the environment, specifically the waste stream. In the competition, teams of 4-H members will re-design and repurpose discarded garments.

There will be three categories: *Wearable, Accessory/Jewelry, and Non-wearable*. Teams will be randomly assigned to a category, but assignments will not be announced until check-in on the day of the contest. **Teams will be required to have a sewing kit / box with only items from the supply list.**



County Duds to Dazzle

Saturday, March 4, 2023

2:30 PM - Check-in

Quanah Community Center

Age Divisions:

Junior / Intermediate - 3rd - 8th

Senior - 9th - 12th

Teams Members: 3-5

Teams must have least three members and a maximum of five members.

The first and second place teams in both the Junior/Intermediate and Senior age divisions will advance to the district contest. If we have more than two teams register for county, the county contest will determine which teams advance to District.

REGISTER FOR COUNTY BY ADDING TEAM NAMES TO CONEST GOOGLE DOC BY MONDAY, FEBRUARY 27, 2023.

District Duds to Dazzle

Saturday, April 1, 2023 @ 9:00 AM

Location: Archer County Activity Building 201 N Walnut St, Archer City, TX

- *Those advancing from county will be registered online by the Extension office.*
- *Parents that would like to volunteer to help at District Duds to Dazzle, please note on Google Doc.*



Fashion Storyboard



NO THEME: "Designers Choice"

The design brief has served as the inspiration and the direction of a 4-H member's original design for the 4-H Storyboard Invitational contest. In 2023 4-H members competing in the Storyboard Invitational will not be given a design brief, but instead will have the opportunity to find their own inspiration and direction for their design. 4-H members should create their original design and Storyboard based on something that personally inspires them. Focus on one garment/design for the storyboard. Contestants may provide up to two (2) variations of the original design.

Storyboard Categories

- Wearable
- Pet Clothing
- Accessory
- Home Decor
- Jewelry
- Home Furnishings

*** Juniors & Intermediates** are allowed to take a picture of their Storyboard and submit picture for entry; make sure to follow guidelines on size. *** Seniors** must be in Digital format. Storyboards can be created using a digital platform including but not limited to Canva, Picmonkey, InDesign, Illustrator, Photoshop, Adobe Illustrator, and PowerPoint. All entries must be saved as a PDF, jpeg, jpg or png.

Age Divisions:

Junior- 8 years old and in the 3rd - 5th

grades Intermediate- 6th - 8th grades

Senior- 9th - 12th grades

A 4-H member may enter only one storyboard in age division.

No limit on number entered at district.

Storyboards is an invitational contest at the senior 4-H level.

Register by adding team name to Conest Google Doc and email digital storyboard to Kayla Smith at kayla.smith@ag.tamu.edu by Monday, February 27, 2023.

Photography

District Photography Contest **District Photos Due to Kayla by March 10th**

Age Divisions: Junior - Grades 3, 4, 5 and Intermediate - Grades 6, 7, and 8 as of September 1, 2022.

Please note entries are one entry per category per age division total. Youth may enter multiple categories within age division. However, county may only advance one photo per category per age division so if we have multiple entries, we will have a county level contest. Please enter categories on Google Doc and submit your photos to the office by deadline.

- Must be .jpeg, .jpg, or .png. Contestants may use any file naming structure.
- Size Ratio: any size ratio, except for panoramic, is acceptable. For this contest, panoramic is defined as a photo with an aspect ratio of 3:1 or 3:1 or wider/taller.
- File Size: Photo must be a minimum of 1MB and a maximum of 20MB. REVISED
- Tips: Upload the highest resolution possible. Review your photo at 100% size before uploading. Check your photo's file properties and/or metadata to ensure it meets the file size requirements.
- Color and Black & White photos are allowed in all categories.
- Photographs must not contain camera or user placed text.

State Photography Contest **State Photos Due to Kayla by April 11th**

Seniors Only. Senior age 4-H members in grades 9, 10, 11 and 12 as of September 1, 2022.

Each county may have only one entry per category for a total of 15 entries. If more than one per category is submitted, we will have a county level contest. Please enter categories on Google Doc and submit your photos to the office by deadline.

- Must be .jpeg, .jpg, or .png. Contestants may use any file naming structure.
- Size Ratio: any size ratio, except for panoramic, is acceptable. For this contest, panoramic is defined as a photo with an aspect ratio of 3:1 or 3:1 or wider/taller.
- File Size: Photo must be a minimum of 1MB and a maximum of 20MB. REVISED
- Tips: Upload the highest resolution possible. Review your photo at 100% size before uploading. Check your photo's file properties and/or metadata to ensure it meets the file size requirements.
- Color and Black & White photos are allowed in all categories.
- Photographs must not contain camera or user placed text.

Theme Category for BOTH DISTRICT and STATE is "REFLECTIONS"

The 2022-2023 theme is "REFLECTIONS". Reflection photography uses reflective surfaces to create an artistic "echo" of a scene. It includes photos that are creatively composed to capture an image from a reflective surface. The reflection should play a significant part of the image's composition. Examples: reflections on polished metal, glass, mirror, and water.

[Category details can be found by visiting photography_state_rules_2022_2023.pdf \(tamu.edu\)](#)

ANIMALS - DOMESTIC
ANIMALS - WILDLIFE
CATCH-ALL
DETAILS & MACRO
ELEMENTS OF DESIGN

ENHANCED
FOOD
LANDSCAPE & NATURE (NON-ANIMAL)
LEADING LINE
LONG EXPOSURE

MOTION/ACTION
PEOPLE
PLANT/FLORA
SHADOW/SILHOUETTE
THEME "Reflections"

Email ALL Entries to [Kayla Smith at kayla.smith@ag.tamu.edu](mailto:kayla.smith@ag.tamu.edu) AND Complete the **PHOTOGRAPHY Google Doc by to enter **COUNTY or STATE.****

Consumer Education

In the Consumer Education project youth will learn how to compare prices, test for quality and make purchases based on facts and research.

They will also improve their: Money management skills, Smart purchasing skills and Decision-making skills.



District 3 4-H Consumer Decision Making Contest

Saturday, April 15th - Vernon @ Auditorium

1:00 PM Registration



Teams of 3-4 or 1-2 Individuals per age division

Junior - 3rd - 5th Grades

Intermediate - 6th - 8th Grades

Senior - 9th - 12th Grades



Practices will be on Thursday's from
4:00 PM - 5:30 PM at the Extension Office
@ 3rd Floor Meeting Room



Thursday, March 2nd

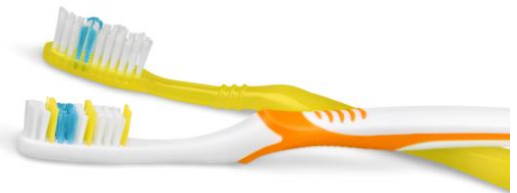
Thursday, March 9th

Thursday, March 23rd

Thursday, March 30th

Thursday, April 6th

Thursday, April 13th



Parents are welcome at any practice to learn the contest format & materials and help coach as we grow the project.

Visit the CDM contest Google Doc to sign up.

Note that teams will be determined by practice attendance and scores.

District 3 4-H Roundup

Saturday, April 15th - Vernon
8:30 a.m. - 12 p.m.

District 3 4-H Roundup is the event name where multiple 4-H Contests are held. Senior age participants are required to participate in District Roundup to qualify for the qualifying contests at State Roundup. The Science, Engineering, & Technology poster competition will be the only non-qualifying event offered at District.

At District only, youth may enter multiple contests - 4-H Talent Showcase, SET, and Educational Presentations. Note - Please note the contest days at State Roundup. Seniors advancing to state in more than one contest on same day must identify the contests they will choose to compete in by Monday, May 1, 2023, by contacting County Office and then the District Office so that the next place can be notified so that they can participate at State. At State Roundup, senior age youth MAY NOT participate in more than one contest in a day.

At State Roundup, senior 4-H members will be able to participate in one 4-H Talent Showcase category on Wednesday AND one 4-H Talent Showcase category on Thursday! The District Roundup Registration has been designed to accommodate SENIORS ONLY to participate in a Wednesday 4-H Talent Showcase contest AND a Thursday 4-H Talent Showcase contest at District Roundup.

Wednesday: Choreographed Routines, Variety Show, Musical/Instrumental, and Vocal

Thursday: 4-H Skit, Poetry/Prose, and Solo/Band Performance

Visit State 4-H Roundup - Texas 4-H (tamu.edu) for more details.

No limit on entries from county to District Roundup. No County Contest will be held.

VISIT THE DISTRICT ROUNDUP TAB ON GOOGLE DOC BY MARCH 17TH TO SIGN UP.

4-H Talent Showcase

Categories

- Choreographed Routines
- Variety Show
- Musical/Instrumental
- Vocal
- 4-H Skit
- Poetry/Prose
- Solo/Band Performance
- **Individual or Team of 2 to 9**

Age Divisions:
Junior - 3-8 grades
Senior - 9-12 grades



Two Age Divisions at District - Junior and Senior. Junior and Intermediate aged youth are combined into one Junior age division.

All categories have a time limit of six (6) minutes for presentation and four (4) minutes for set-up, soundcheck, and break down, for a total of ten (10) minutes per act. A penalty of five (5) points per minute or part of a minute over the time limits allowed will be deducted from the total score.

Visit State website for more details.

Educational Presentation

Educational Presentation Categories



- Agricultural Technology & Farm Safety
- Animal Science
- Beef
- Heath & Wellness
- Horse*
- Open - Agricultural & Natural Resources
- Open Family & Community Health*
- Open
- Promote 4-H
- Safety and Injury Prevention
- **Individual or Team of 2**
- ***National Contest Advancement**

A time limit of 12 minutes will be allowed for each educational presentation. An additional nine minutes will be provided for on-stage arrangements and cleanup in connection with the presentation. A penalty of two points per minute or partial minute overtime will be deducted from the final score. Following the presentation, there may be up to 5 minutes of question-and-answer period by the judges.

Age Divisions:
Junior - 3-5 grades
Intermediate - 6-8 grades
Senior - 9-12 grades

District 3 4-H Roundup

Saturday, April 15th - Vernon
8:30 a.m. - 12 p.m.

Public Speaking



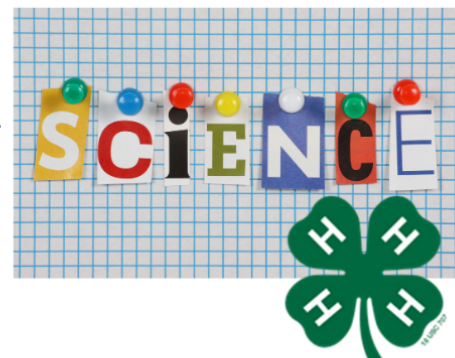
Individuals will present a 5-to-8-minute talk suitable as a platform speech or radio broadcast. The presentation should serve to persuade others regarding a particular issue or concern. No props or notes. Similar to UIL Extemporaneous Persuasive Speaking.

- **Individual contest.**
- ***National Contest Advancement**

Age Divisions:
Junior - 3-5 grades
Intermediate - 6-8 grades
Senior - 9-12 grades

Science Fair

The 4-H Science Fair (formerly Discover Scientific Research Method Poster contest) provides youth the opportunity to showcase their 4-H project work through the application of scientific research, engineering, technology and/or experimentation. Participants will **1) construct a poster, 2) deliver a short oral presentation, and 3) respond to judges' interview questions.** Projects should follow either the Scientific Method or Engineering Design Process and the poster formatted accordingly.



Participants may enter science projects focused on any of the Big Five 4-H Project areas.

Big 5 4-H Project AREAS

- Agriculture & Livestock
- Family & Community Health
- Leadership & Citizenship
- Natural Resources
- STEM (Science, Technology, Engineering and Mathematics)

Age Divisions:

Junior - 3-5 grades
Intermediate - 6-8 grades
Senior - 9-12 grades

- **Individual or a team of two 4-H members.**
Non-qualifying contest offered at both District and State Roundup.

VISIT THE DISTRICT ROUNDUP GOOGLE DOC BY MARCH 17TH TO SIGN UP.

**Youth may contact the County Extension Office
to set up a Roundup presentation practice.**

State 4-H Roundup Schedule 2022

If this is your goal, what are you doing to get there?

SCHEDULE OF EVENTS

Detailed schedule with time/locations of contest will be announced in April with Registration Packet release. In general, all contests begin in the morning. The day that various contests will be held is noted below.

Youth MAY NOT participate in more than one contest in a day.

Monday, June 5	Tuesday, June 6	Wednesday, June 7	Thursday, June 8
Registration 12 pm - 7 pm	Registration 7 am - 7 pm Tentative	Registration 7 am - 7 pm Tentative	Registration 7 am - 7 pm Tentative
College/Career Fair 2 - 5 pm	Assembly	Assembly	Assembly
At-Large Delegate Elections Kick-Off Event	7:30 pm - 9 pm Tentative	7:30 pm - 9 pm Tentative	7:30 pm - 9 pm Tentative
	Post Assembly Activity 9:30 pm - 11pm Tentative	Post Assembly Activity 9:30 pm - 11 pm Tentative	Post Assembly Activity 9:30 pm - 11 pm Tentative
	Contests	Contests	Contests
	<ul style="list-style-type: none"> Agricultural Product Identification ** Archery ** Livestock Quiz Bowl Fashion Show Food Show Horse Quiz Bowl Leaders 4 Life Skill-a-thon Livestock Skill-a-thon ** Family Community Health Quiz Bowl Photography Judging** Range & Pasture Grass Identification** Robotics Challenge ** 	<ul style="list-style-type: none"> Entomology Identification** Consumer Decision Making Food Challenge Horse Judging Invitational Meat Judging and Identification ** Qualifying Livestock Judging Qualifying Meat Judging and Identification Range Evaluation** 4-H Talent Showcase <ul style="list-style-type: none"> Choreographed Routines Variety Show Musical / Instrumental Vocal Soil Judging** Combined contest Wool & Mohair Judging and Evaluation** 	<ul style="list-style-type: none"> Agricultural Technology & Farm Safety * Animal Science * Beef * Science Fair ** (former Discover Scientific Method) Duds to Dazzle Health & Wellness * Healthy Lifestyles ** Hippology ** Horse * Invitational Livestock Judging ** Open - Ag and Natural Resources * Open - Family & Community Health (FCH) * Open * Poultry Judging ** Promote 4-H* Public Speaking Safety and Injury Prevention * 4-H Talent Showcase <ul style="list-style-type: none"> 4-H Skit (Former Celebrate 4-H) Poetry/Prose Solo / Band Performance Veterinary Science Skill-a-thon ** Wildlife Challenge**

* Educational Presentations

** Invitational Contests

Visit the Texas 4-H Roundup page at <http://texas4-h.tamu.edu/events/roundup/> for specific guidelines for each contest



Record Book Workshop

Tuesday, February 28, 2023

5:30 PM - 7:00 PM

3rd Floor of Courthouse

**RSVP by Monday, Feb 27th by
contacting the Extension Office.**

Purpose/Objective of 4-H Record Book

- Allow 4-H members to tell how they have grown, what they have learned, where they came up short and to do it creatively within outlined parameters.
- Demonstrate the importance of keeping a written document of what has been done.
- Provides a written platform for goal setting and documentation of the actions required to reach goals.
- Provide an opportunity for competition at the County, District, and State level.

Goal Setting - Getting Started

Prior to or at the beginning of the 4-H year, a member should begin identifying, setting and recording personal goals for themselves in each project area. Record your personal goals and then begin work toward achieving those goals. It is important to record anything the 4-H member would like to learn or do.

Journaling - As Things Happen

Record keeping is going to be an important part of a member's life. Members will keep records in high school, in college, and at work whether they own their own business or work for someone else. Now is the time to learn how to keep good records. The most important thing about 4-H record keeping is to find a comfortable way to collect information. Some of the most common ways of keeping up with 4-H records include a calendar, an index box, smart phone, computer, or a notebook. These are further defined below.

Calendar Method – Keep a calendar in a handy location (such as on the refrigerator) and every time the member does something related to 4-H, school, church or other organizations, write it down. Then at the end of each month place the calendar in a safe place until it is time to assemble the Record Book.

Index Box Method – Get a 3-inch by 5-inch box, index cards and some dividers. Label each of the dividers as one of the sections in the report form discussed later in this guide. Then each time the member does something, write it down on an index card, then file the card in the section marked by the divider. For example: If the 4-H member were to go to the nursing home for recreation with the residents, then have him/her write it down and put the card behind the community service divider. After maintaining the "4-H File Box" for a year, pull the cards out and select the most important activities for the 4-H Record Book. Do not forget to date each card.

Binder or Spiral Notebook Method – Grab an old school binder or notebook and organize each activity by type or by date. This is an easy first step to start out until the member gets the hang of record keeping.

Electronic Device – If an electronic device is available, use an "app" or some other software to record or document activities, trainings, clinics, leadership roles, service activities, project experiences, etc. iPhone users can download an App "4-H Livestock Record" that is helpful to track project activities and finances (livestock and non-livestock).

Register your Record Book Category on the Google Doc by Friday, June 23, 2023.

Record Books DUE TO COUNTY OFFICE Friday, July 14th

District Record Book Judging is Monday, July 17, 2023.

TEXAS 4-H RECORD BOOK CATEGORY DESCRIPTIONS 2022-2023

2021 Changes adopted are Bolded in RED

Record Book Category	Description
Animal Agriculture	This category offers activities and experiences for agriculturally related animal projects such as Exotic Wildlife Animals, Dairy Cattle, Dairy Goats, Llama/Alpaca, Livestock Judging and Meat Judging . <u>Projects NOT suitable include beef, horse, rabbit, sheep, goat, swine or poultry or any other species that has a defined category.</u>
Beef	Includes information from a market and/or breeding beef project. Examples of activities to include: animal husbandry, livestock selection, health, quiz bowls, and the exhibition of beef cattle at local, county, state, and national cattle show.
Citizenship, Civic Education & Community Service	Include information such as serving your community, knowing how to make a difference, or learning about your local, state, or national communities/government. Member understands the right and responsibilities of membership within the family, neighborhood, community, state, nation and world through appreciation of cultures and heritage.
Dog Care & Training	This category should focus on activities related to dogs such as daily care and health, being a “dog foster parent”, obedience training, training in areas of service, community service and competition.
Consumer Education	This category includes activities where youth learn to make wise decisions when making purchases, whether it is apparel, home appliances, electronics, personal financial tools or automobiles. Project activities also focus on the economy, money management, consumer rights and responsibilities, and the environment as it relates to the consumer.
Entomology	This category includes activities where youth learn about insects by studying, collecting and identifying various insects. Discover how helpful and harmful insects live, multiply, are controlled, and affect humans. Includes activities such as beekeeping.
Fashion & Interior Design	This project includes activities such as fashion or interior design, sewing, completing DIY household projects using basic/advanced sewing/construction skills, developing good consumer skills, and be involved in fashion or interior design related community service. This category also includes any textile related activity such as quilting, knitting, weaving, felting, leather work , etc. Fashion and Interior Design includes career exploration opportunities in the industry.

Food & Nutrition	This category includes activities related to the food and nutrition project where youth learn to make healthy food choices, prepare nutritious and safe meals and snacks, gain knowledge of nutrients, and adopt behaviors that can help reduce their risk for chronic disease.
Gardening & Horticulture	This category includes activities related to the horticulture project where youth learn about plant growth, environmental horticulture and ecology, fruits and nuts, landscape design, soil and water, insects and diseases, vegetables and herbs, and life skills and career opportunities.
Goat	Includes information from a market and/or breeding goat project. Examples of activities to include: animal husbandry, livestock selection, health, and the exhibition of meat or haired goats at local, county, state, and national goat shows. This category excludes dairy goat activities, which must be entered in the Agricultural Sciences category.
Health & Personal Safety	This category includes activities where youth learn how to improve physical, intellectual, emotional, and social health. It also focuses on healthy living, prevention and wellness and community health resources. Safety concerns related to health issues, such as first aid and emergency preparedness, can also be included.
Horse	This category includes activities related to the horse project such as activities in horsemanship, horse development, selection and training. Horse project members can demonstrate their knowledge and skills through exhibiting horses, riding competitions, quiz bowls, speaking events and judging events.
Leadership	The leadership category includes activities where youth can demonstrate learning and the practice of leadership life skills. Information provided in this category could demonstrate growth in leadership through a variety of projects. Leadership skills can be learned and practiced through elected/appointed positions, volunteering and making things happen, and/or facilitating activities. Leadership skills and philosophy include, but are not limited to, understanding and accepting self, caring for others, communication skills of listening and speaking, group dynamics, interacting with others, decision making, delegating, and parliamentary procedure.
Natural Resources	This category covers the study and exploration of the science, skills and knowledge within the 4-H Natural Resources project areas. Project areas include Wildlife & Fisheries, Forestry, Aquatic Science, Range Management, Water Resources and Outdoor Education. Learning experiences can include self and group study, events, and activities related to each project area, a variety of summer camp experiences, and a wide array of curriculum enrichment school programs.

Photography	The photography project encourages self-expression and teaches proper use of photographic equipment and technologies that include print and digital media. This project allows for participants to express artistic talents and communicate them through their project work. Photography provides opportunity for career exploration and promoting 4-H.
Plant & Soil Science	The soil and crop science project offers activities and experiences in the area of soils and the science of raising productive and healthy agricultural crops. Backyard gardening projects are not suitable for this category.
Poultry	The poultry project teaches members poultry production and marketing by managing poultry projects. Project topics include broilers, capons, turkeys, egg production, and development from egg to chick.
Public Speaking	The public speaking project develops and promotes the skills needed to research, organize and present a speech on a given topic. Participants learn the process of speaking to a group of people in a structured, deliberate manner intended to inform, influence, or entertain listeners. In addition, participants develop their own personal style, while projecting a positive personal appearance. Members learn about the different types and use of various speaking styles while having the opportunity to practice those skills.
Rabbit	The rabbit project teaches proper methods of caring for, raising, breeding, and marketing rabbits. There are three project options: market, breeding, or any non- competitive (i.e., pet) projects.
Science, Technology, Engineering, and Mathematics	Includes all aspects of biological, mechanical, or electronic sciences. This could include projects in the areas of welding, fabrication and woodworking projects, robotics; rocketry air and space, etc. Any activities related to 4-H Science are included in this category.
Sheep	The sheep category includes activities such as selecting, feeding, exhibiting, raising, animal health, nutrition, breeding and marketing sheep. Includes market or breeding animals.

Shooting Sports	This category covers education in the knowledge and skills of firearms and their use. The Shooting Sports project provides comprehensive introduction to handling and shooting safety and the fundamentals of firearm use. Disciplines include archery, pistol, rifle, shotgun, and muzzleloading. Learning experiences can include self and group study, events, and activities related to each project area, a variety of summer camp experiences, and a wide array of curriculum enrichment school programs.
Swine	The swine category includes activities such as selecting, feeding, raising, animal health, nutrition, breeding, and marketing swine. Either market or breeding animals can be raised.
Visual & Performance Arts	This category includes activities and events that engage imagination through art, dance, plays or theater, and music. It can include stage performance, stage design, videography, and 4-H Talent Showcase. It could also include visual arts such as painting, pencil drawings, crafts, and other skills. Youth should include information about how they have developed communication skills, decision making, and problem solving as well as career exploration in related fields. This category does not include photography or public speaking as they have their own independent category.
Veterinary Science	This category includes the broad study and/or practice of the techniques and procedures involved in caring for animals. It includes learning about veterinarian careers and course of study. This category should include activities or knowledge beyond basic, routine animal husbandry.

Links

Hardeman County Contest Google Doc

https://docs.google.com/spreadsheets/d/1VUwcLKU0TDEWrPOK8n1IRVBriTvl-EvNxseZ_f7bQ_M/edit?usp=sharing

District 3 4-H Events

[District Events \(tamu.edu\)](#)

Texas 4-H Clover Guide

[management_clover_22_23.pdf \(tamu.edu\)](#)

State Fashion & Interior design Project

[Fashion & Interior Design - Texas 4-H \(tamu.edu\)](#)

State Photography

[photography_state_rules_2022_2023.pdf \(tamu.edu\)](#)

State 4-H Roundup Guide

[2023 Texas 4-H Roundup Guide 2 Pg 11 Scedule.pdf](#)

4-H Record Books

[Record books - Texas 4-H \(tamu.edu\)](#)