Hardeman County 4-H

In this issue

4-H Club Meetings Page 1

> Club Corner Page 2

4-H Events & Results Page 3 & 4

> Little Chef Camp Page 5

Record Books Page 6

Safe 2 Home Course Page 7

Safe Sitter Training
Page 8

10 County Camp

Page 9

National 4-H Congress

Page 10

4-H Coalition Meeting

Page 11

Dates & Birthdays

Page 12



Gaining valuable life-skills since 1908.

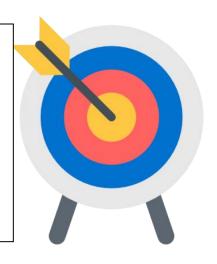


4-H Club Meetings

Chillicothe- Monday August 14th @ 7pm

Quanah- Monday August 21st (Time & Location TBD)

The rescheduled Archery date has NOT yet been determined. Thank you all for your patience as the district committee finds a time that will best benefit all 4-H Members.



Club Corner

QUANAH 4-H CLUB OFFICERS

President – Montana Woods Vice President – Autumn Woods Second Vice-President – Aspen Woods Secretary / Treasurer – Millie Poole Reporter – Maggie Horton County Council Delegates –

- Wyatt Conley & Peighton Barker Health & Safety Officer – Harlee Heard

CHILICOTHE 4-H CLUB OFFICERS

President – Kadin Stone Vice President – Konner Horn Secretary / Treasurer – McKinley Williams Reporter – Brooklyn Adams County Council Delegates

- 2 Junior Gracie Carter & Maggie Williams
- 2 Senior Krista Madl & Chayla Lewis

Health & Safety Officer - Ellie Carter

AGENDA	SCRIPT
CALLING THE MEETING TO	The meeting of the4-H Club will now come to order. (2
ORDER	taps of the gavel)
PLEDGES	will now lead us in the Pledge of Allegiance, the
	pledge to the Texas flag, and the 4-H motto and pledge. Please stand. (3
	taps)
INSPIRATION	Please be seated will now read the inspiration. (1 tap)
ROLL CALL	, Secretary will now call roll. Each member is asked
	to answer with their if they will be running for an office. (one of many ways
	to get members to respond).
INTRODUCTION OF GUESTS	,, will now introduce any guests and
AND/OR NEW MEMBERS	new members who are joining us this evening.
READING AND APPROVING THE MINUTES	, Secretary will now read the minutes from the
	previous meeting. (After the secretary reads the minutes and sits down:) Are
	there any corrections or additions to the minutes? (Pause long enough for
	the members to state corrections. The members are responsible for making
	revisions. If there are no changes:) "The minutes stand approved as read." (If
	there are changes, after the corrections or revisions are made:) "The
	minutes stand approved as corrected."
COMMITTEE REPORTS	(If there are any committee reports, they should be given at this time.
UNFINISHED BUSINESS	Is there any unfinished business that the club needs to address at this time?
NEW BUSINESS	We will now move on to new business. Is there any new business to discuss
	at this time?
ANNOUNCEMENTS	I would now like to call upon, 4-H club manager, to
	provide announcements. Reminders – Next Meeting, Due Dates, etc.
PROGRAM	I would now like to call on, who will introduce the
	program.
RECREATION	This meeting of the Highpoint 4-H Club is adjourned. All members are
	encouraged to stay and participate in recreation and enjoy refreshments. (1
	tap of the gavel)



The 4-H Motto and Pledge "To Make the Best Better!"
I pledge:

My HEAD to clearer thinking, My HEART to greater loyalty, My HANDS to larger service and My HEALTH to better living,

For my Club, my Community, my Country, and my world.

Scan QR Code for 4-H Club Officer



-H Club Meeting Agend



Congratulations to all of the Hardeman County 4-H members that competed in the District 3 Trap Shoot Contest.

1st Place JR 3 Man Team-Clark Sherman- 2nd Place Individual Gunner Smith- 3rd Place Individual Henry Barker- 5th Place Individual

2nd Place JR 3 Man Team-

Hagen Clemens Bowen Barker **Everett Sherman**

4th Place JR 2 Man Team

Trigger Patterson Lily Walker

Intermediate 2 Man Team-

Whitten Gilliam Ryan Deel

Senior 3 Man Team-

Andrew Majors Jaxson Webb **Weston Simmons**





DESIGN TOUR STEPHENVILLE, TX



Stick House Madeo

Hardeman Co. 4-H hosted the Stick Horse Rodeo at Quanah's 1st annual Night on the Square Hometown Event. We had 33 participants, and a fun time was had by ALL! Congratulations to our High Point Individuals:

5 & Under Boy & Girl: Waylon McFarland & Josie Knox

6-10 Boy & Girl: Merrick Woods & Avery Wilson

11-15 Boy & Girl: Collier Parr & Emma Wilson

I CHIR

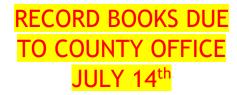




Now is the time to put those finishing touches on your 4-H Record Book!

Purpose/Objective of 4-H Record Book

 Allow 4-H members to tell how they have grown, what they have learned, where they came up short and to do it creatively within outlined parameters.



- Demonstrate the importance of keeping a written document of what has been done.
- Provides a written platform for goal setting and documentation of the actions required to reach goals.
- · Provide an opportunity for competition at the County, District, and State level.

Goal Setting - Getting Started

Prior to or at the beginning of the 4-H year, a member should begin identifying, setting and recording personal goals for themselves in each project area. Record your personal goals and then begin work toward achieving those goals. It is important to record anything the 4-H member would like to learn or do.

Journaling - As Things Happen

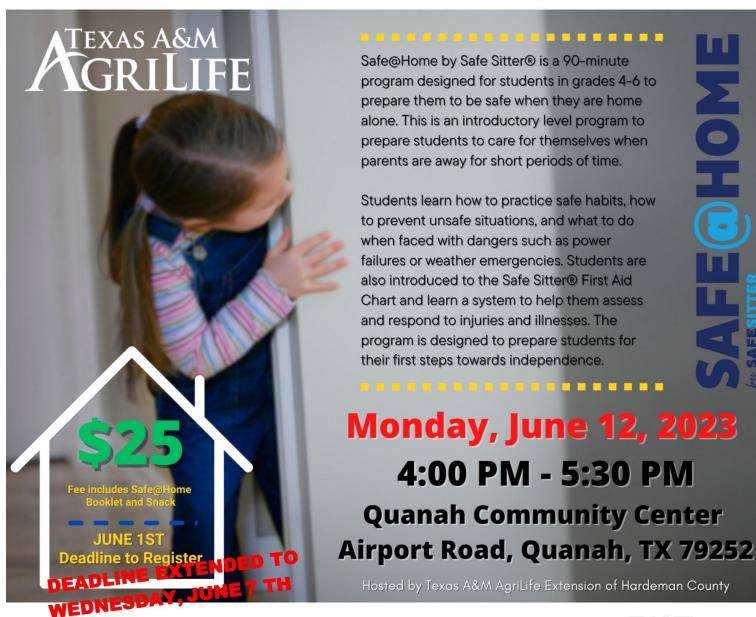
Record keeping is going to be an important part of a member's life. Members will keep records in high school, in college, and at work whether they own their own business or work for someone else. Now is the time to learn how to keep good records. The most important thing about 4-H record keeping is to find a comfortable way to collect information. Some of the most common ways of keeping up with 4-H records include a calendar, an index box, smart phone, computer, or a notebook. These are further defined below

Calendar Method - Keep a calendar in a handy location (such as on the refrigerator) and every time the member does something related to 4-H, school, church or other organizations, write it down. Then at the end of each month place the calendar in a safe place until it is time to assemble the Record Book.

Index Box Method - Get a 3-inch by 5-inch box, index cards and some dividers. Label each of the dividers as one of the sections in the report form discussed later in this guide. Then each time the member does something, write it down on an index card, then file the card in the section marked by the divider. For example: If the 4-H member were to go to the nursing home for recreation with the residents, then have him/her write it down and put the card behind the community service divider. After maintaining the "4-H File Box" for a year, pull the cards out and select the most important activities for the 4-H Record Book. Do not forget to date each card.

Binder or Spiral Notebook Method - Grab an old school binder or notebook and organize each activity by type or by date. This is an easy first step to start out until the member gets the hang of record keeping.

Electronic Device - If an electronic device is available, use an "app" or some other software to record or document activities, trainings, clinics, leadership roles, service activities, project experiences, etc. iPhone users can download an App "4-H Livestock Record" that is helpful to track project activities and finances (livestock and non-livestock).



Safe@Home by Safe Sitter® is a 90-minute program designed for students in grades 4-6 to prepare them to be safe when they are home alone. This is an introductory level program to prepare students to care for themselves when parents are away for short periods of time.

Students learn how to practice safe habits, how to prevent unsafe situations, and what to do when faced with dangers such as power failures or weather emergencies. Students are also introduced to the Safe Sitter® First Aid Chart and learn a system to help them assess and respond to injuries and illnesses. The program is designed to prepare students for their first steps towards independence.

Monday, June 12, 2023 4:00 PM - 5:30 PM **Quanah Community Center**

Hosted by Texas A&M AgriLife Extension of Hardeman County

Questions? Contact Kelli Lehman at klehman@ag.tamu.edu or 940.663.6301. Registration forms available on our website at https://hardeman.agrilife.org/ or scan QR Code



Participant's Name
Grade 2023 - 2024 School Year: □ 4 □ 5 □ 6
Mailing Address
Parent's Name
Parent Phone Number
Parent Email Address

Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status. This information given herein is for educational purposes only. Individuals with disabilities who require an auxiliary aid, service, or accommodation in order to participate in Extension sponsored events are encouraged to contact the Extension office at 940.663.6301 to determine how reasonable accommodations can be made.



Safe Sitter® is designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger brothers or sisters, or babysitting.





TUESDAY, JUNE 13, 2023

10 AM - 4 PM (CHECK-IN AT 9:45 AM)

PARENTS / ADULTS RETURN FOR GRADUATION CEREMONY AT 3:30 PM
QUANAH COMMUNITY CENTER
AIRPORT RD, QUANAH, TEXAS 79252

COURSE FEE - \$40

Fee includes Safe Sitter student resources, supplies, & lunch.



Hosted by Texas A&M AgriLife Extension of Hardeman County Questions? Contact Kelli Lehman at klehman@ag.tamu.edu or 940.663.6301







10 COUNTY



CAMP

OPEN TO ALL YOUTH GRADES 3RD - 12TH







YOUTH WILL ENGAGE IN **FUN, CREATIVE, & EDUCATIONAL ACTIVITIES, SWIMMING, DANCING, AND MORE!**

Camp Information:



Tuesday, July 25, 2023



(10:30AM - 8:00 PM



Roaring Springs, TX



Please contact County Office and register by July 10th 940.663.6301



National 4-H Congress November 24-28, 2023 Atlanta, Georgia



If interested in applying to become a Texas 4-H Delegate, please find event information at:

https://texas4-h.tamu.edu/wpcontent/uploads/national_cong ress_announcement_2023.pdf

Please contact County Office if interested in applying.

4-H Coalition Meeting

September 6, 2023

5:30 p.m. Extension Office Meeting Room

This meeting is for both youth & adults. This will include Volunteer Leader Training/
Planning for Fall County Level FCH 4-H
Projects, Workshops & Contests.

Please RSVP by Friday September 1, 2023.

Light snacks will be provided.

UPCOMING 4-H DATES & EVENTS

June

5-8 - State Roundup - College Station

12th- Safe@Home Course- 4pm Quanah Community Center

13th- Safe Sitter Program- 10 a.m Quanah Community Center

15-17 - Teen Leader Lab - Lueders

19th- Extension Office Closed, Juneteenth Holiday

20th- Record Books Due to Office for Review

20th-22nd- Little Chef Camp Kids College- Vernon, Tx

21-23 - Horse Show - Decatur

July

4th- Extension Office Closed- Independence Day Holiday

10th - Deadline to Register for 10 County Camp

14th- Final Record Books Due

17th- Record Book Judging - Archer City

25th -10 County Camp - Roaring Springs

August

14th - Chillicothe 4-H Club Officer Elections - 7 PM

19th- Aloha Summer Dance- Location TBD

21st- Quanah 4-H Club Meeting- Location & Time TBD

September

6th- 4-H Coalition Meeting



Please contact our office should you need accommodations.

The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation, gender identity, or any other classification protected by federal, state, or local law and will strive to achieve

Texas A&M AgriLife Extension - Hardeman County

PO Box 179, Quanah, TX 79252 940.663.6301 Office Hours: 8:30 a.m. - 12 p.m. 1:00 p.m. - 5:00 p.m.







Find us on @TexasAMAgriLifeExtensionHardemanCounty

Lelli Kehman

Kelli Lehman
County Extension Agent Family and Community Health
klehman@ag.tamu.edu

12

Justin Gilliam

Justin Gilliam

County Extension Agent Ag & Natural Resources
justin.gilliam@ag.tamu.edu

Kayla Smith Kayla Smith

4-H Program Assistant & Support Staff kayla.smith@ag.tamu.edu

Visit our county website for dates, newsletters, forms, etc. https://hardeman.agrilife.org/